



Serving the Alcoholic and Drug Addicted Underserved
Established 1972

THE CHALLENGE



Long before the COVID-19 pandemic, Palm Beach County was already fighting a public health epidemic: addiction. There has been a growing population of economically vulnerable people suffering from alcoholism and substance use disorder, many of whom are trapped in a cycle of chronic relapse, hopelessness, and dependency.

By June, 2018, there were more than 1,200 overdose deaths, 9,300 treatment admissions, a 1,041% increase in spending on Narcan, \$13 million spent on Fire Rescue calls, a 174% increase in Neonatal Abstinence Syndrome cases, and \$4.1 million/day spent on hospital-related medical expenses alone.¹

These statistics also reflect national trends.



Photograph: The New York Times

¹ McKinley, Melissa, Mayor, Palm Beach County (2018), 'Florida's Response to the Opioid Crisis,' 2018 NACo Legislative Conference. Washington, D.C. 3/3 – 3/7/18: <http://www.naco.org/sites/default/files/documents/NACo%20Leg%202018%20%20Opioids%20Workshop>.



THE CHALLENGE

The acute, crisis-driven system of care has failed to provide a long-term, sustainable solution to cases of chronic addiction and relapse.

The COVID pandemic has had a negative impact on the nation's well-being, and its impact has been severe on those who suffer from addiction. Due to isolation resulting from physical distancing, suspended 12 Step meetings, disrupted routines, job losses and financial insecurity, the number of economically vulnerable alcoholics and addicts seeking recovery has increased.

Overdose deaths were already increasing in the months preceding the COVID-19 pandemic, and the latest numbers suggest this trend is accelerating: more than 81,000 drug overdose deaths occurred in the US in the 12 months ending in May 2020, the highest number of overdose deaths ever recorded in a 12-month period.²

In Palm Beach County, there was a sharp 79% increase in the second quarter from 91 in 2019 to 163 in 2020.³



Photograph: Getty Images

²- 5 May 2022. Centers for Disease Control and Prevention, Overdose Deaths Accelerating During COVID-19. <https://www.cdc.gov/media/releases/2020/p1218-overdose-deaths-covid-19.html>

³- Brutus, W. (n.d.). How A Palm Beach County Needle Exchange Program Is Addressing Rise In Drug Overdose Deaths. WLRN. Retrieved April 27, 2021, from <https://www.wlrn.org/news/2021-04-27/howa-palm-beach-county-needle-exchange-program-is-addressing-rise-in-drug-overdose-deaths>



THE SUCCESS



CARP provides a 90-day Residential Program for Recovery, based upon a peer support model proven to be effective against addiction -- in which individuals help each other develop spirituality and life coping skills to re-create their lives. Our CARP model is abstinence-based, person-centric, and free for those who qualify.

- We empower clients to connect and forge relationships with recovering people in the local community, so they graduate CARP with an existing support network. Peer support facilitates recovery and reduces health care costs.
- We teach clients how to build recovery activities into their daily routines, as they maintain abstinence and develop the resilience necessary to live life on life's terms.



THE SUCCESS

We help clients develop a structured aftercare program that, when used in conjunction with their sober support network, prevents them from falling back into old, and possibly deadly, habits.

We encourage CARP graduates to be advocates of their own recovery, so that they identify recovery-oriented services and supports in the community as needed to continue to grow in sobriety and to be of service to others.

CARP services include:

- Initial and ongoing assessment; a safe, stable, and supportive homelike environment with 24-hour supervision;
- Life skills training; 12 Step workshops to assist in removing individual blocks to recovery;
- Assistance with access to affordable health care;
- Pro-bono legal assistance;
- Job readiness and preparation; and,
- Ongoing assessment and abstinence monitoring.



THE MEN'S FACILITY

- 16 beds
- Four quad-like units sleep four men each, with a shared kitchen and living room to foster connection
- Each bedroom has two single beds, with a separating wall to provide privacy and encourage solitude when appropriate
- Great Room in Men's Home facility serves a community room for workshops, meditation, and celebrations
- Great Room also used for members of the Board of Directors and meetings with donors and community leaders



THE WOMEN'S FACILITY



- 16 beds
- Four quad-like units sleep four women each, with a layout similar to the Men's Home
- The fifth quad serves as the women's community room, where they have group workshops, meetings, and reunions
- Festive outdoor furniture encourages women to get outdoors together



OUTCOMES

During a one-year period (2021)

- Reduced relapse in 65% of clients
- Connected 100% of clients with sponsor in 12 Step recovery community
- Reduced reliance on hospitals and other medical institutions for detox and crisis situations among 65% of clients
- 65% of admitted men and women completed 90-day program (i.e., graduated)
- 100% of graduates placed in aftercare programs
- 90% remain sober 6 months post-treatment



INSTITUTIONAL KNOWLEDGE

WHY CARP?

CARP has been a force in recovery for more than 50 years. There have been many changes in addiction treatment, but our approach continues to be effective: abstinence-based, person-centric (individualized), peer-driven 12 Step recovery, with strong support from a local recovery community.



BOARD MEMBER & CONSULTANT BIOGRAPHIES

CARP leadership includes prominent CARP alumni and influential leaders with contacts in legal affairs, finance, government, policy, and behavioral health – in both the local and national community.



**Kelly V. Landers,
Esq.**
President,
Board of Directors

- Member of the Board of Directors since 2012
- Expertise in criminal defense law and compliance
- Member of Florida Bar, Florida Blue Key, National Association of Criminal Defense Lawyers, and the Forum Club of the Palm Beaches



Carl Nicola
Board Secretary

- 30 years in financial services industry; deep management experience
- Skills include team building, financial planning, fixed income, financial delivery systems to municipal, public, non-public & non-profit governance and operational oversight
- Has consulted to multiple private companies in legal, finance, marketing and investor relations activities



BOARD MEMBER & CONSULTANT BIOGRAPHIES



Bishop Harold Calvin Ray Board Vice President

- Founder and Senior Pastor of Redemptive Life Fellowship Church, West Palm Beach, FL
- Senior Vice Presiding Bishop of the Global United Fellowship
- Founder & CEO, National Center for Faith Based Initiatives
- Member: United Nations Covid 19 Lancet International Commission
- BS, Oral Roberts University; JD, The University of Notre Dame Law School; D. Min, South University



Lavinia Baker M.S.W. Board Member

- Philanthropist and Humanitarian
- Has served on numerous boards of non-profit organizations, raising awareness and funds for addiction, homelessness, behavioral health, and animal rescue
- Awards: Dedicated Service Award, Office of Public Defender (2008); Outstanding Trustee & Officer of the Year, Triangle Club; Dedicated Leadership Award, Fern House Inc.



BOARD MEMBER & CONSULTANT BIOGRAPHIES



Michael Cabot

Board Member

- Managing Director, Broker of Record, Swope Lees Commercial Real Estate, LLC
- Experienced real estate brokerage and investment property professional with a specialized skill-set and deep knowledge of the behavioral healthcare and medical office property sectors



Nick Colangelo

Ph.D., Consultant

- More than 40 years of experience as a leader and innovator in the treatment center industry
- Key architect in the home-like, abstinence-based, peer-to-peer recovery model that is unique to CARP
- Has founded, developed, and managed residential recovery centers at various stages in their life cycle

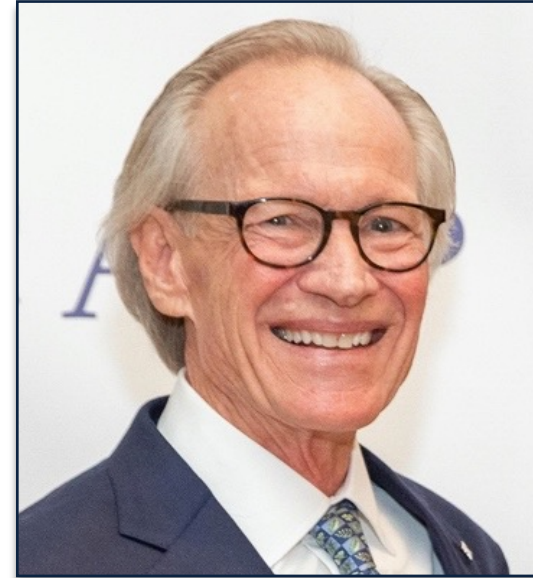


BOARD MEMBER & CONSULTANT BIOGRAPHIES



Bill DeMott
Board Member

- Entrepreneur: 46 years of experience starting up, operating, acquiring, and turning around steel businesses
- Presently own and operate:
- Archerday Inc., Avenel NJ
- Delvania Industrial Fabricators, Pine Forge, PA
- Hazelton Ironworks, Hazelton, PA
- Skills include management, mentoring, strategic planning, and marketing
- Bill's strong financial and analytical skills have helped CARP in budgeting, forecasting, setting goals, and board development



Park Miller
Board Member

- Entrepreneurial business owner and community leader
- Businesses owned include Park Advertising and Marketing, Roger Dean Racing.
- Instrumental in developing Roger Dean Chevrolet Stadium
- CARP Alumnus
- Resident of Palm Beach for more than 25 years



STAFF BIOGRAPHIES

Our director-level staff reflect a variety of educational and professional backgrounds, which leads to diverse cognitive approaches to challenges.



Saood Quadri, ACA
Director of Accounting

- Manages internal financial controls, setting financial targets, monitoring expenditure, overseeing annual insurance, monitoring cash flow, evaluating investments, and managing tax compliance
- BS in Accounting from University of Karachi
- ICAEW Chartered Accountant qualification, the ACA, from the Institute of Chartered Accountants England & Wales
- Employee of CARP for 28 years



Rob Silio
Director of Community Affairs

- Leads efforts in marketing and development, grant writing, media communications, event planning, website design and development, and implementation of new technologies
- School of Visual Arts, NYC, NY, BFA-Graphic Design
- Experience with Jupiter Medical Center, Palm Beach Zoo, and many not-for-profit businesses
- Adjunct Faculty member of Palm Beach State College, Lake Worth, Florida



STAFF BIOGRAPHIES



Dennis Langbein
Director of Men's Program

- Supervises the on-site house managers with support from key board members and consultants
- Worked in financial services for more than 20 years
- 9 years supervisory experience in peer-driven recovery programs in Palm Beach County, and more than 20 years of experience in the financial services industry
- 35 years of continuous sobriety
- Member of the Board of Trustees of The Triangle Club in West Palm Beach



Carolyn Emmons
Director of Women's Program

- Supervises the on-site house managers with support from key board members and consultants
- Helped to build the compassionate culture at the CARP Women's Home
- 10 years of experience in the addiction treatment industry
- Candidate for Human Services degree (CAP)



PROGRAM STAFF

We hire primarily people in recovery for our Program support staff, as they have lived through the transformational experience of getting sober – and thus are well equipped to help others.



LOCAL RECOVERY INFRASTRUCTURE

Palm Beach County has a dynamic sober community and a “recovery infrastructure” that includes the Sober Homes Task Force (led by State Attorney Dave Aronberg), Behavioral Health Awareness Coalition, and two community recovery centers designed to support those in early recovery.



CULTURE

CARP's organizational culture is team-oriented, as reflected in a flat organizational structure and frequent team meetings to build camaraderie.



**We value transparency, trust,
open-mindedness, and service to others.**



COLLABORATION

CARP's goal is to provide best-in-class recovery services, as well as services that support recovery -- as long as such services are not replicated by another Palm Beach County service provider.



We have mutually beneficial partnerships with:

- Hanley Foundation, for client scholarships;
- The Triangle Club, a clubhouse that holds multiple 12 Step recovery meetings per day;
- Restoration Bridge International, a food bank; and,
- New Horizons Service Dogs.

Service

- 6,032 service hours donated by CARP to community organizations including Restoration Bridge, New Horizons, and The Triangle Club.



COMMUNITY IMPACT

During a one-year period (2021)

Volunteer Hours Donated to CARP

- 6,032 Service hours donated by CARP to the community
- 4,344 Volunteer hours donated by community members to CARP

Food & Shelter

- 351 Sober meals
- 122 Sober hot showers

Sponsorship Program

- Sponsors are recovery mentors that lead CARP clients through the 12 Steps
- 62 volunteer sponsors
- Connected 117 residents with a sponsor
- 696 sessions with sponsor



COMMUNITY IMPACT

During a one-year period (2021)

Sober Time

- 4,815 days (collectively, all residents who participated in Residential Program for Recovery)



Community Engagement

- Participation in Palm Beach County peer-driven recovery meetings
- 5,824 meetings (Men's and Women's Homes)



ONLINE PRESENCE



Website Activity: <https://carpinc.org>

- 14,466 Website Users per year (# website users, Google Analytics)
- 828 website calls
- 348 requests for directions

Social Media



Facebook: @carpincorporated



Twitter: @inccarp



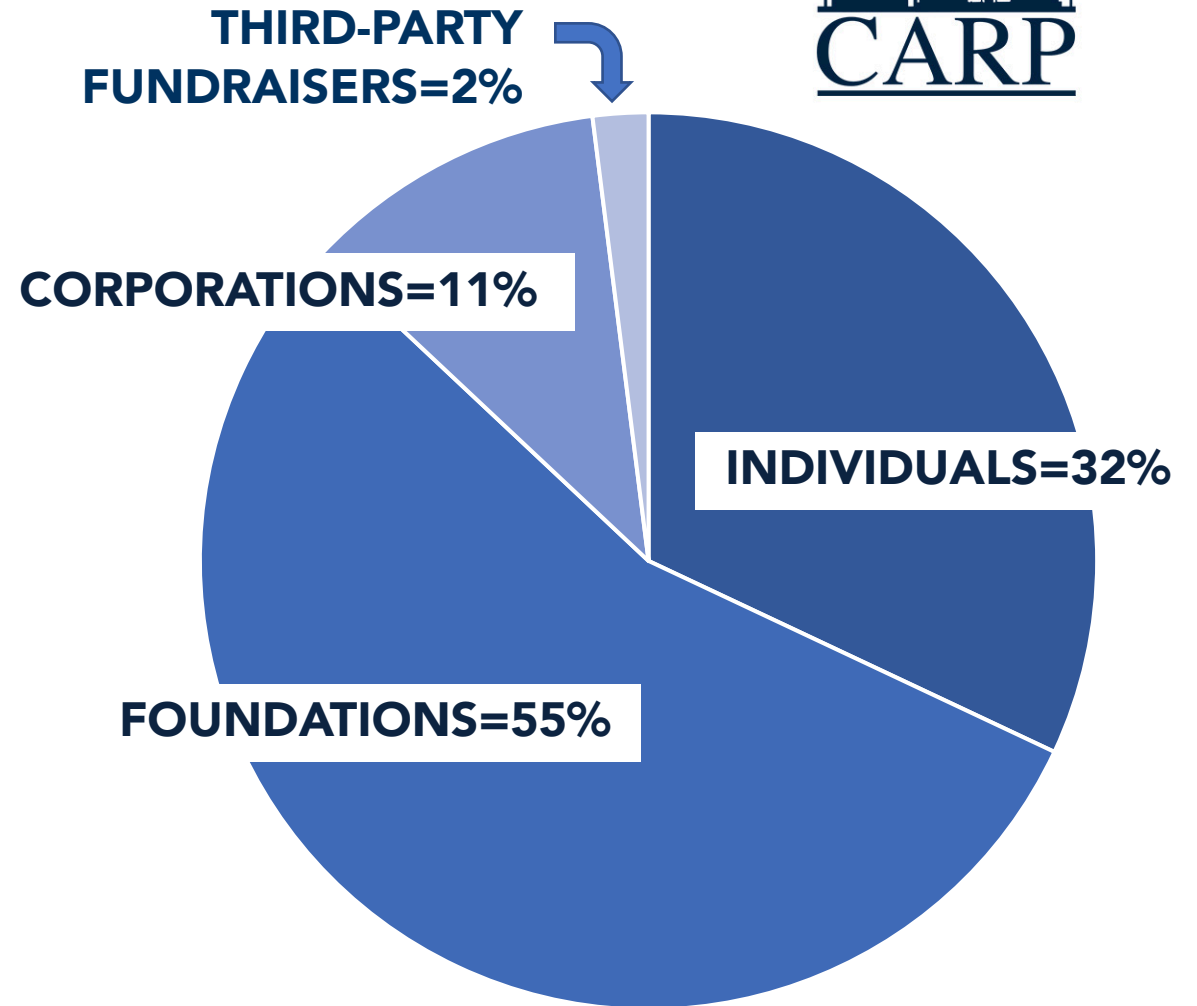
Instagram: @carppb



CARP IS SELF-FUNDED

CARP does not receive funding from any city, state, or federal government.

We rely solely on the generosity of individuals, foundations and corporations to provide quality programs and services to the community.



SOURCES OF DONATIONS



CARP EVENTS

